

FLOOR HOCKEY RULES

PENALTIES-TWO MINUTES

1. Offensive player in goalie crease.
2. Banging stick on the floor.
3. Bending blade of stick.
4. Contact with goalie in the crease.
5. High sticking-stick above the waist.
6. Slashing.
7. Playing the puck, after falling, while still on the floor.
8. Roughing.
9. Pushing.
10. Stick between the legs of another player either from the front or back. Same thing as putting the foot between legs of another player.
11. Tripping
12. Lifting a player's stick and causing a high stick.
13. Intentionally hitting or kicking the puck while going off the floor.
14. Unsportsmanlike behaviour- mouthing off, throwing stick or helmet, out of control antics etc
15. Failure to tag up(where applicable) on a line change.

NOTE

The above penalties are minimums. Depending on the severity of the infraction the player may be assigned additional penalty minutes. In addition, if a player gets three penalties in a game, he/she sits out the remainder of that game. Next occurrence of the above will result in sitting out that game and an additional game. A third occurrence will result in sitting out that game plus a league review of further action.